

.....**THE TROJAN TROT**.....

5K RUN/WALK
SATURDAY, JULY 20TH, 2019 AT 8:30A.M.

START & FINISH AT THE ST. LEON AMERICAN LEGION POST #464



PUT ON BY THE EAST CENTRAL BOYS AND GIRLS CROSS COUNTRY TEAMS
SECOND LEG OF THE "SIRC" IT SERIES

DIRECTIONS: FROM CINCINNATI TAKE I-74 WEST TO INDIANA 1. GO NORTH ON IND 1 TO HWY 46.
FROM INDIANAPOLIS TAKE I-74 EAST TO INDIANA 1. GO NORTH ON IND. 1 TO HWY 46.
FROM ALL OTHER POINTS, GET TO IND.1 AND HWY 46.
FROM IND. 1 & HWY 46 GO WEST ON HYW. 46 ABOUT .7 OF A MILE, TURN RIGHT ON AMERICAN LEGION 464
RD.(JUST BEFORE THE BRIDGE OVER I-74), STAY ON THIS ROAD UNTIL YOU COME TO THE LEGION(ABOUT .8 OF A MILE).

COURSE: RELATIVELY FLAT ON ASPHALT.

ENTRY FEE: PRE-REGISTRATION (POSTMARKED BY JULY 15TH): \$15 WITHOUT T-SHIRT OR \$20 INCLUDES T-SHIRT.
RACE DAY REGISTRATION: \$25 INCLUDES T- SHIRT OR \$20 WITHOUT SHIRT.
SHIRTS ARE PERFORMANCE T-SHIRTS

AGE GROUPS: MEN & WOMEN RUNNERS: OVERALL. 12 & UNDER, 13-14, 15-16,
17-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 & OVER
MEN & WOMEN WALKERS: OVERALL, 19 & UNDER, 20-39, 40 & OVER

AWARDS: OVERALL MALE & FEMALE PLUS TOP 3 IN EACH RUNNING AGE GROUP.
OVERALL MALE & FEMALE PLUS TOP 1 IN EACH WALKING AGE GROUP.

THERE WILL BE DRAWINGS FOR DOOR PRIZES AT THE AWARDS CEREMONY!! MUST BE PRESENT TO WIN!

OFFICIAL ENTRY FORM (ONE ENTRY FORM PER PERSON, MAY DUPLICATE ENTRY FORM)

NAME _____ AGE ON JULY 20TH _____
ADDRESS _____ MALE FEMALE
_____ RUNNER WALKER
PHONE _____ PRE-REGISTRATION(\$15 W/O SHIRT)
 PRE-REGISTRATION(\$20 W/ SHIRT)
T-SHIRT CIRCLE ONE YL S M L XL XXL (MAKE CHECKS PAYABLE TO EAST CENTRAL H.S.)
 RACE DAY (\$25) INCLUDES SHIRT
 RACE DAY (\$20) WITHOUT SHIRT

WAIVER: IN CONSIDERATION OF ACCEPTANCE OF MY ENTRY, I HEREBY WAIVE, DISCHARGE AND RELEASE ON BEHALF OF MYSELF, MY HEIRS, EXECUTORS, AND ASSIGNEES ALL CLAIMS OF ANY NATURE ARISING FROM PARTICIPATION IN THE TROJAN TROT 5K RUN/WALK, AND DO HEREBY RELEASE STEVE COTHERMAN, EAST CENTRAL CROSS COUNTRY ATHLETES AND PARENTS, EAST CENTRAL HIGH SCHOOL ATHLETIC DEPT., EAST CENTRAL HIGH SCHOOL, SUNMAN-DEARBORN SCHOOL CORP., ST. LEON LEGION POST #464 AND THEIR AFFILIATES, ALL WORKERS, OFFICIALS, AND SPONSORS, AND THE TOWN OF ST. LEON FROM ANY CLAIM WHATSOEVER ARISING FROM MY PARTICIPATION IN THIS EVENT. I AGREE TO ABIDE BY ALL THE RULES FOR PARTICIPATION. I UNDERSTAND THE RISKS INVOLVED IN SUCH A RUN/WALK, AND THAT I AM PHYSICALLY FIT AND HAVE TRAINED ADEQUATELY IN PREPARATION. I ALSO GIVE PERMISSION TO THE TROJAN TROT TO USE ANY PHOTOGRAPHS OR VIDEOS OF ME THAT ARE MADE DURING THIS EVENT.

SIGNATURE OF ENTRANT _____ PARENT(IF UNDER 18) _____

MAIL ENTRIES TO: STEVE COTHERMAN 968 LINLEY LANE LAWRENCEBURG, IN 47025
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