



8th Annual
JOE LAKE MEMORIAL
BULLDOG 5k
 & Mile Dash



Date: Saturday, July 30th, 2022
Time: 9:00 am
Location: Centerville Senior High School, Centerville, Indiana
 *Course is fast, flat, and ran on pavement south of US 40 through the town of Centerville.

The 2022 5k is in memory of Joe Lake, a former CHS student who has held the CHS 5k record since 1981. His legacy of hard work in running and as a businessman, his compassion and service to others, and his love for his family were some of his greatest strengths. Please help us honor Joe Lake with this year's 5k! No pets allowed on school property (*Service Dogs Only).

Can't Attend this year's race? Donations are accepted through mail or via the online registration page.

Entry Fees:

Age/Family Discounts:

- | | |
|-------------------------|---|
| • 9 or Under (No Shirt) | FREE with proof of age and a paid family member! |
| • 70 or Over (No Shirt) | FREE with proof of age and a paid family member! |
| • Military. (No Shirt) | FREE with proof of service and a paid family member! |
| • Family of 4+ Discount | \$5 off per family member after 3rd |

Discounts and extra t-shirt orders are only available with mailed forms and require meeting early deadlines.

Regular Pricing:

- | | | |
|--|--|-------------|
| • Pre-Reg w/ t-shirt | \$20 | |
| • Pre-Reg w/out t-shirt | | \$15 |
| • Extra t-shirt (add \$2.00) for sizes larger than XXL | | \$10 |
| | <i>Pre-Registration Deadline is Wednesday, July 20th, 2022</i> | |
| • Race Day reg. w/ t-shirt (while supplies last) | \$25 | |
| • Race day w/out t-shirt | | \$20 |
| • Extra t-shirt (while supplies last) | \$10 | |

Day of Registration ends at 8:45 A.M.

Awards and Course Records:

5k Run: Overall male and female. Top finisher in each age group.
1 Mile Bulldog Dash: Overall Male and Female.

Male Road Record:

Kaleb Slagle 2017, 16:34

Female Road Record:

Jenna Barker 2017, 19:17

Age Groups

9 & Under 10-12 13-15 16-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70 & Over

Mail form & entry fee to :

Bulldog 5k
 c/o Chris Evrard
 115 West South Street
 Centerville, IN 47330

For more information, email:
 Chris Evrard at:
cevrard@centerville.k12.in.us

Register online at: (additional fees apply)
racemenu.com and search Bulldog 5k

Or visit our Facebook page "Bulldog 5k"

***** Make checks payable to: Centerville Senior High School*****
Proceeds benefit the Centerville Senior High School Cross Country teams

Name _____

Age (As of 7/31/21) _____

Gender M F

Address _____

Phone #: (____) _____

Military Branch: N/A AF Navy Army CG NG Space Force

E-mail: _____

Which Race: 5k Run or 1 Mile Dash

T-Shirt: YS YM YL S M L XL XXL _____

RELEASE: (Must be signed in order to participate) In consideration of the acceptance of my entry, my executors, assignee, and administrators do hereby release and discharge CACS, race directors, other race volunteers, and other sponsors for all claims of damage, demand, actions, whatever in any manner arising or growing out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to run in this event. I also give permission to the Bulldog 5k to use any photographs, video or other recording of me, including my name, that are made during the course of this event for publicity reasons.

Signature _____

Signature of parent/guardian if under 18 years of age _____

*Mail this portion of the flier with your check payable to Centerville Senior High School to the address listed above. Service dogs only.